

Drop In Statistics 2016 / 2017

The Corner is celebrating 21 years of being at the forefront of addressing health & wellbeing issues affecting young people in Dundee. Services are delivered by a Multi-Professional Team, using flexible approaches to engage with young people from across the city.

In 2016/17, the Corner Drop-in has seen a steady flow of young people accessing a wide range of services. This was the first full year to witness the real impact of the service user age range change from 11-25 to 11-19. As anticipated, targeting a younger age group requires more time spent supporting individuals with more complex needs. The work with young people was supported by an emotional & sexual health assessment tool, enabling the identification of individual needs at an early stage. Young people were well supported by the Corner's youth counselling service, Support U+ and the informal listening service, Support U.

Health promotion is an integral part of The Corner drop-in. Over the past year the Corner has run a number of health campaigns that looked to inform and learn about some of the challenges young people currently face.

Historically the Corner attracts more females than males to its drop-in services; this year is not any different. The Corner team is constantly looking at ways/ideas to improve the numbers of young men attending drop-in and wider relevant services. It is very clear that there is a need to take on a more proactive collaborative approach in encouraging young men to access health services. We would like to hear from our partners if you have any suggestions about how we could work together to make this happen.

This brief Corner Angle gives an overview of stats and feedback from 2016/17 @ The Corner. If you require more information please do not hesitate to contact me.

Manjeet Gill, Corner Co-ordinator manjeetgill@nhs.net

3413 CONTACTS ATTENDED THE DROP IN



"Was very easy to talk to and feel like I can come here if I feel upset about anything or just need someone to talk to"

624 NEW CONTACTS

An increase from last year - The Corner Outreach Programme has played a role in influencing this.

"It was really good and I didn't feel uncomfortable at all, I came here today because I got told about it in school"

243
CONTACTS
SUPPORTED BY
EMAIL OR PHONE





"I got a text today to remind me to come for my pregnancy test after the pill emergency. Thanks cos I would have forgotten to come, or maybe just not thought I needed really to come. I got my contraception sorted out today so it was worth coming" "I think The Corner is a very good service, they have helped me gain control over my social anxiety and build my self esteem up each time I attend. I would highly recommend the support from The Corner to my friends and family."

2038 CONTACTS ATTENDED FOR SEXUAL HEALTH SERVICES

contraception (

267

contacts started contraception, showing an increase in uptake from 2015/16







CONTACTS WERE
SIGNPOSTED TO OTHER
RELEVANT SERVICES.

This shows a decrease from previous year meaning Corner staff are able to meet the holistic needs of more young people providing a smoother journey.

400 CONTACTS ATTENDED TO TALK TO SOMEONE & FOR SUPPORT U OR SUPPORT U+

"After visiting The Corner for the past few months it has helped me get through a very tough and low point in my life, without the support of my counsellor I don't think I would have been able to come out the other end feeling as better as I do!"



Healthy Transitions Statistics 2016 / 2017

219 YOUNG PEOPLE 144
PEER LED SESSIONS

2003
P7 RECIPIENTS

The Healthy Transitions peer led programme was delivered across the city during 2016/17. Young people volunteered after school to train, develop learning programmes and resources, leading to their delivery of peer led sessions to P7 recipients, focussing on:

ASSESSING RISK

MAKING DECISIONS

WHO TO TALK TO

SHARING EXPERIENCES

TOPICS COVERED

SUBSTANCE USE

CYBER SAFETY

RELATIONSHIPS

GROWING UP IN SCHOOL & COMMUNITY

All 219 peer educators achieved nationally recognised accreditation.

In May 2017 a stakeholders event was held, it aimed to:

- Encourage and extend the shared understanding, interest and energy around peer education in Dundee's schools and communities.
- Influence and inform the future model of delivery of peer-led services at The Corner.
- Share knowledge about the wide range of peer-led initiatives in Dundee
- Action around the information generated from this and throughout the year is currently being planned.









FEEDBACK

"Peer educators can relate to us. They can have a laugh with us, understand us, and know how to connect with us"

from Primary 7 teachers...

"I think the Peer Educators are a vital part of transition...all of the children agreed that they were less worried about the transition after the visits"

"I now feel more comfortable speaking out loud in front of people"

from Peer Educators...

"Often young people can perceive the role of Pupil Support Worker as a support that is exclusively for young people with behavioural, social and emotional difficulties. Being involved in the Peer Ed programme has helped to breakdown the stigma that is sometimes attached to my role. This programme has enabled me to work closely with pupils I otherwise may not have had the opportunity to work with"

from Primary 7 pupils...

"They were teenagers teaching from experience, what they said was real"

"The importance of safety online was highlighted during a situation that arose within my class. The child involved was able to make informed decisions to realise what was happening and informed parents and police"

from Peer Educators...

"Being a Peer Educator has helped me see that if you listen to the P7's they rely on you more"

"A lot of the young people who did the training/delivery now attend our weekly drop in at The Crescent on a Tuesday evening"











Outreach has always been an integral part of Corner services, encouraging young people to build relationships with staff while learning, increases the likelihood of young people accessing The Drop-in facilities. Outreach enhances young people's understanding of health related issues to make informed choices and have greater awareness of services available.

A key aspect of Outreach is encouraging young people, where possible, to access Drop-in facilities in times of need, however, Outreach also offers the opportunity to take information and services out to young people who face a variety of barriers to accessing services. One of our biggest successes over this year has been the continued development of our links with Offsite and special Education establishments such as the The Rockwell learning centre, AIM project and Dudhope Young Persons Unit.

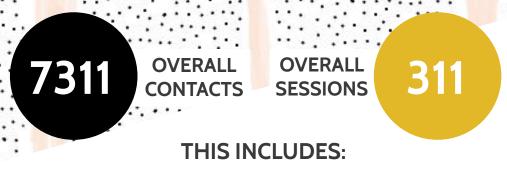
The Corner team continue to have a visible presence in all schools across the city working with all S4 pupils as part of the Housing Education For Youth (HEY) partnership, all S3 pupils at the annual Health Promotion Drama Tour and with the Corner and Schools Together (CaST) working with a specific year group in each Secondary school. We also maintain our commitment to delivering a monthly workshop at the Health and Wellbeing drop-ins at each school.

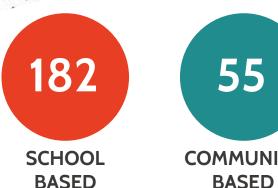
The Corner continues to maintain and build on links with partnership agencies, particularly with CLD youth workers, schools, colleges and the third sector. It remains a priority that we develop these links and establish new and innovative ways of working.

Over 2016/17 The Corner has seen a very positive rise in the numbers of young people who have engaged with our outreach services. The variety of partnership agencies we have worked with has increased which has allowed us to develop new and exciting resources and workshops.

Over the coming year we will be actively promoting "inreach" opportunities and encouraging any interested organisation or group to get in touch and bring groups of young people to visit The Corner. This allows young people to see firsthand what the drop-in is like as well as learn about the services offered.

The coming year offers new developments and prospects within The Corner which will have a positive impact on Outreach work, closer links with our partners within Secondary schools and the development of our work with Young parents are just the beginning of another exciting year.





SESSIONS

COMMUNITY
BASED
SESSIONS/
OTHER
ORGANISATIONS



FEEDBACK FROM CONNECT PROJECT (ORKNEY) VISIT

"The Corner is fantastic, really up to date and young person centred ideas and resources - warm and friendly" "Very positive, thank you. Like how you are set up. We will be using your ideas and games. Welcome to visit us!"

HEALTH CAMPAIGNS



Over the past year the Corner has run a number of health campaigns that looked to address and highlight some of the most current topics young people face now. These topics included "rock your rights" which had a focus on confidentiality when accessing health services, "the art of conversation", that addressed social media and what social media young people currently use. This was followed by a campaign "lethal highs fatal lows" to look at the impact of changes in the law and new legislation in relation to new psychoactive substances and young people's awareness of these changes. There was also a short campaign "what's on your mind" to gather feedback from young people about what issues are on young people's minds in 2016. Finally there was a campaign titled "your body matters" that was information based with a focus on understanding how young people's reproductive systems work, as well as gathering information on young people's experiences of sex education.





Drop In Hours

Monday	2.00 - 6.00pm
Tuesday	2.00 - 6.00pm
Wednesday	2.00 - 6.00pm
Thursday	2.00 - 6.00pm
Friday	2.00 - 6.00pm
Saturday	1.00 - 4.00pm

Office Hours

9.00am - 5.00pm Monday to Friday

Social Media

Twitter: @thecornerdundee Facebook: thecornerdundee

On 4 Friday mornings throughout the year there is an opportunity for staff from other organisations to attend an 'Agency Morning', to be updated about Corner services, meet staff, hear about the different aspects of the work and experience some of resources developed by staff and young people.

This new opportunity replaces the monthly Friday presentation and is designed, not only to inform agencies about the services that The Corner provides but it has proved to be a

worthwhile networking opportunity for those who attend.

Dates available:

Friday 22nd September 2017

All 9.15 - 11.30am

These sessions are free and to request a place please phone:

01382 206060 or e-mail us at **office.corner@nhs.net**



Corner Staff Team

Corner Co-ordinator
Health Services Link Worker
Health Promotion Worker
Health Promotion Worker P/T
Health Promotion Worker P/T
Health Outreach Worker
Clinical Nurse Specialist
Senior Sexual Health Nurse
Senior Sexual Health Nurse P/T
Sexual Health Nurse

Manjeet Gill
Fiona McGrath
Gary Finlayson
Kate Watt
Amy Miller
Caroline Millar
Deborah Syme
Lisa Cameron
Jackie Fitzpatrick
Zara Cargill

Sexual Health Nurse P/T
Admin Assistant P/T
Clerical Assistant P/T
Peer-led CLD Worker
Peer-led CLD Worker
Peer-led CLD Worker P/T
Peer-led CLD Worker P/T
Peer-led CLD Worker (media) P/T
Health Improvement Officer
CLD Vacancy P/T

Kim McCormack
Shelley Doig (Acting)
Linda Morrison
Christine Greig
Jane Duthie
Fiona Mack
Gillian Docherty
Laura Cooney
Leigh Glennie